



Ministry of Health of the Russian Federation

**North-Western State Medical University named after I.I. Mechnikov**

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**ACCEPTED**

by the Academic Board  
NWSMU named after I. I. Mechnikov  
under the Ministry of Health  
of the Russian Federation  
31 August 2020  
Record № 9

**APPROVED**

by the Order of the Rector  
NWSMU named after I. I. Mechnikov  
under the Ministry of Health  
of the Russian Federation  
dated 31.08.2020 № 1579-O

**ENDORCED**

at the meeting of the Student Council  
NWSMU named after I. I. Mechnikov  
under the Ministry of Health  
of the Russian Federation  
Record № 84 dated 24 August 2020  
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M.V. Shchutskiy  
\_\_\_\_\_  
2020

**Classes schedule for students of  
North-Western State Medical University named after I.I. Mechnikov  
under the Ministry of Health of the Russian Federation**

1. This Classes schedule for students of North-Western State Medical University named after I.I. Mechnikov under the Ministry of Health of the Russian Federation (hereinafter – The classes schedule for students of the University) is drawn up in accordance with the Federal Law «On education in the Russian Federation» dated 29.12.2012 № 273-ФЗ, the Order of the Ministry of Education and Science «On approval of the Procedure for organizing and implementing educational activities under higher education programmes – bachelor's programmes, specialist (MD courses) programmes, master's programmes» dated 05.04.2017 № 301, the Order of the Ministry of Education and Science «On approval of the Procedure for organizing and implementing educational activities under higher education programmes – residency programmes» dated 19.11.2013 № 1258, the Order of the Ministry of Education and Science «On approval of the Procedure for organizing and implementing educational activities under higher education programmes – postgraduate programmes for the training of scientific and pedagogical staff» dated 19.11.2013 № 1259, the Order of the Ministry of Education of the Russian Federation «On approval of the Procedure for organizing and implementing educational activities under additional general education programmes» dated 09.11.2018 № 196, Guidelines for prevention of the

New Coronavirus Infection (COVID-19) in educational institutions of higher education, approved by the Chief State Sanitary Physician of the Russian Federation dated 29.07.2020 № MP 3.1/2.1.0205-20, the Charter of North-Western State Medical University named after I. I. Mechnikov under the Ministry of Health of the Russian Federation, Internal Regulations for Students of North-Western State Medical University named after I. I. Mechnikov under the Ministry of Health of the Russian Federation.

2. Classes schedule for students of the University is regulated by the curriculum of the specialty (MD course) and academic calendar.

3. Academic year at the University begins on 1 September for full-time and evening learning forms. The University may postpone the beginning of the academic year for full-time and evening learning forms by no more than two months. For correspondence learning form, the beginning of the academic year shall be determined by the University.

4. Academic calendar contains information on duration of each semester in weeks, the numbering of weeks with dates, the number of weeks for interim assessment, final (state final) certification, practical training and holiday period.

5. Academic year consists of 2 semesters, with each semester ending with a form of interim assessment (if any) as provided in the curriculum.

6. The total duration of holiday period during the academic year, unless otherwise stipulated in the federal state educational standard, is:

6.1. for higher education programmes – residency programmes and postgraduate studies – at least 6 weeks;

6.2. for bachelor's, specialist, master's programmes (unless otherwise stipulated in the federal state educational standard):

- if the study period during the academic year is longer than 39 weeks – no less than 7 weeks and no more than 10 weeks;

- if the study period during the academic year is no less than 12 weeks and no more than 39 weeks – no less than 3 weeks and no more than 7 weeks;

- if the study period during the academic year is less than 12 weeks – no more than 2 weeks.

7. Calculations of the study and holiday periods do not include public holidays. The implementation of educational activities under higher education programmes and additional professional education programmes is not carried out on public holidays. Training on additional general education programmes is carried out throughout the calendar year, including the holiday period and public holidays.

8. Students of higher education programmes, who have passed the final (state final) certification, upon their application shall be granted holidays within the period of mastering of the relevant educational programme, at the end of which the students shall be expelled due to obtaining education.

9. The University shall, in accordance with the curriculum and academic calendar, prepare a classes schedule for the respective period of study in the form of contact work, before the beginning of this study period.

10. The duration of a class in the form of contact work shall not exceed 90 minutes. There shall be breaks between classes of at least 5 minutes.

11. The academic hour shall be 45 minutes for all classes.

12. The classes schedule shall be as follows:

12.1. for the students of bachelor's, specialist (MD courses), master's and residency programmes

Lecture-type classes	1	09.00 – 09.45 09.50 – 10.35
	2	10.55 – 11.40 11.45 – 12.30
	3	13.10 – 13.55 14.00 – 14.45
	4	15.00 – 15.45 15.50 – 16.35
	5	16.45 – 17.30 17.35 – 18.20
Seminar-type classes	Morning	09.00 – 10.30 10.45 – 12.15
	Evening	13.10 – 14.40 14.55 – 16.25
		16.45 – 18.15 18.30 – 20.00

12.2. for the students of postgraduate programmes for the training of scientific and pedagogical staff

Lecture-type classes	1	10:00 – 10:45 10:50 – 11:35
	2	16:00 – 16:45 16:50 – 17:35
	Teaching «History and Philosophy of Science», «Introduction to Research Planning»	16:30 – 17:15 17:20 – 18:05
Research and practical classes	Morning	11:40 – 12:25 12:30 – 13:15 13:20 – 14:05 14:10 – 14:55
	Evening	17:40 – 18:25 18:30 – 19:15 19:20 – 20:05 20:10 – 20:55
Research and practical classes in «Foreign language»	Evening	16:30 – 17:15 17:20 – 18:05 18:10 – 18:55 19:00 – 19:45 19:50 – 20:35 20:40 – 21:25
Seminars, colloquium, laboratory classes	Evening	18:10 – 18:55 19:00 – 19:45 19:50 – 20:35 20:40 – 21:25

### 12.3. for the students of additional general education programmes

Lecture-type classes	1	09.00 – 09.45 09.50 – 10.35
	2	10.55 – 11.40 11.45 – 12.30
	3	13.10 – 13.55 14.00 – 14.45
	4	15.00 – 15.45 15.50 – 16.35
	Career guidance course	16.30-18.00
	Evening	18.00 – 19.30
Seminar-type classes	1	09.00 – 10.30 10.45 – 12.15
	2	10.55 – 11.40 11.45 – 12.30
	3	13.10 – 13.55 14.00 – 14.45
	4	15.00 – 15.45 15.50 – 16.35
	Evening	19.30 – 21.00
Lecture-type classes (Sunday)	1	10.00-11.30
	2	13.30-15.00
Seminar-type classes (Sunday)	1	11.30-12.15
	2	15.00-15.45

13. The beginning and ending of off-campus classes may be changed taking into account the remoteness of clinical bases. The schedule with changes shall be approved by the Head of the Training Department on the basis of the explanatory note from the head of the chair, coordinated with (depending on the programmes implementing) the Dean of the Faculty / the Head of the Department of Residency / the Head of the Department of Postgraduate Studies. Information on the beginning and ending of off-campus classes shall be communicated to students by placing it on information boards and in the electronic information and education system (in Russian – ЭИОС (EIOS)) of the University (hereinafter – the University's EIOS).

The off-campus classes schedule shall be as follows:

Seminar-type classes	Morning	09.00 – 10.30
		10.45 – 12.15
	Evening	13.30 – 15.00
		15.15 – 16.45
		17.05 – 18.35
		18.50 – 20.20

14. A separate schedule shall be drawn up for the training on the individual study plan

15. Students are not allowed to attend classes at the University on an optional basis.

16. In the context of ensuring the implementation of measures to prevent the spread of the New Coronavirus Infection (COVID-19) at the University:

16.1. Lecture-type classes, group consultations, and (or) individual work of students, including interim assessment (pass-fail tests, pass-fail evaluation tests, examinations) shall be organized:

- in the form of contact work (hereinafter – contact work) in classrooms in accordance with the classes schedule, if the number of students in the classroom does not exceed 55 people;

- in the form of contact work in the University's EIOS in accordance with the classes schedule, if the number of students in a stream/group exceeds 55 people.

16.2. Seminar-type classes (seminars, practical classes, practical classes in clinics, etc.) and practical training shall be organized in-person in accordance with the academic calendar, and in compliance with the measures specified in the guidelines of Rospotrebnadzor for all students and teaching staff.

16.3 Physical education and sport classes may be organized outdoors, taking into account weather conditions. Physical education classes shall be held in indoor facilities with divided study groups, based on the following conditions: the surface of the exercise area is 4 m<sup>2</sup> per student, the water surface area in the swimming pool for group exercises is 5 m<sup>2</sup> per student.

16.4. The time of classes shall be established in the classes schedule approved by the Vice-Rector on Studies.